

Budwig Postscript

Faith as small as a Mustard seed

It was a little over four months ago that the first “Mustard Seed” of faith was, totally unexpectedly, planted in my life. Within ten days I knew that the knowledge I had gained was the first ray of hope, not only for me in our situation, but also that the implication of this knowledge with respect to other people’s lives could be huge and so very positive.

It was Easter when my German Shepherd became very sick and, according to my vet, had only hours to live. With the vet’s intense help (blood transfusions, drip, antibiotics, extremely strong antibacterial medication and chemotherapy) Samba survived. But the prognosis was not good and neither the vet nor I really believed in a recovery as the symptoms hardly changed.

In early June Stephen found an article about cancer that a Minister from rural Victoria had written. Stephen passed it on to me and I was instantly fascinated, wanting to know more about it. Consequently I read the night away, trying my best to comprehend the magnitude of what I read and to make sense of it all in my own mind. To understand that there really is such an incredibly simple yet unbelievably powerful healthy food which can help people to overcome all kinds of health problems.

In the 1950’s a brilliant scientist, Dr Johanna Budwig, found a way to bring oxygen into the cells with this phenomenal health food, was nominated six times for the Nobel prize and gave lectures all over Europe and Asia in the company of very elite scientists. Her theory was never, to this day, proven wrong. Statistically she healed 90% of cancer patients who came to her, patients who had been given up by orthodox medicine. And yet with all this success in people’s lives and the proven medical / scientific knowledge, hardly anybody knows about her and her simple cure. Why is it the best-kept secret? The answer may rest with industrial giants and pharmaceutical companies, whose reluctance to share this information may be based on the fact that they would miss out financially as natural remedies can’t be patented and thus sold for huge revenues these big players are accustomed to making...

Dr Budwig’s success lies simply in two natural foods: Flax seed oil and cottage cheese - that have been well mixed.

We gave our dog Samba this mixture and happily noted that after only a few days she lifted her head and even got her ball. The vet visit was scheduled in ten days. When we arrived, the first step was the weigh-in and everybody at the vet’s surgery was thrilled because Samba had put on 600g. Yet the most incredible was yet to come. As the vet examined Samba she looked up to me and said “If I wouldn’t know what I know, and you wouldn’t know what you know, and you would just come for the dog’s yearly check-up, then I would give the dog a clean bill of health.” I showed the keen vet the Budwig report. Samba hasn’t looked back since then...

With my belief strengthened I felt the need to tell a friend, Sylvie, who had secondary cancer in her lung and liver. This lady was in utmost danger because her mum and auntie died from this disease. She had just two weeks of the first cancer treatment behind her when she started the flax seed / cottage cheese mixture. The result after the chemo was eagerly awaited. Would it do as much good for Sylvie as for the dog? The oncologist was astounded and extremely happy, because the cancer in lung and liver had shrunk by a third! Obviously for the oncologist to be as surprised and happy as he

was, this amount of shrinkage does not happen very often as a normal result of the chemo prescribed by the oncologist. Sylvie continued with both the chemo and the Budwig diet. The test following the second round of chemo revealed that the cancer had shrunk by a further third in both lung and liver. We are hoping and praying that at the next test it will have shrunk the final third, that there will no longer be any evidence of cancer and that Sylvie can be healthy and happy once again.

A short time after Sylvie’s first lot of good news, she had a phone call from a relation interstate. This relative had just undergone a biopsy that showed primary cancer in the uterus and an operation had been scheduled for three weeks later. Sylvie shared the news about the Budwig diet and as a result this lady followed the information Sylvie had shared. When the operation was performed just three weeks later there was no longer any cancer to be found – an astounding and wonderful result.

One of my customers was also concerned about her health as a test she had showed abnormal cells. After using the Budwig diet for two months, there was a repeat of the test – results now showing there was no presence of abnormal cells any more.

A new customer told me that her niece’s husband had lung cancer and wasn’t expected to live. I passed on the Budwig diet. A phone call from the niece six weeks later informed me that her husband had lots of energy and felt and looked great. This man’s change was so dramatic that the niece’s daughter, who had breast cancer and had persistently resisted the niece’s initial attempts to persuade her to take the Budwig diet, now relented and started to take the mixture also. Two weeks later the niece rang once again to tell me that “We just came from the [husband’s] oncologist and he is very happy. There is no new growth. It looks like it is in remission”.

One of my other customers has severe rheumatoid arthritis, is on very heavy medication and is unable to perform regular household duties. This lady tried the Budwig diet and rang me a week later “Heidi you won’t believe it, after three days I felt fit to do some work. I was so thrilled I overdid it and the next morning my joints were burning like fire – something that normally takes three weeks to three months, with significantly larger doses of much stronger medication, to cause pain like this to subside. I took the oil / cheese mixture and three hours later the severe pain had already subsided! Six weeks after that phone call the lady was already able to walk approximately three kilometres to come and see me.

My own arthritis is greatly improved. Another customer’s psoriasis has disappeared. The extremely dry and flaky skin of a friend has become smooth, whilst somebody else’s white-tail spider bite is healing. A case of post-viral syndrome (the precursor to chronic fatigue) has experienced greater energy - the extreme tiredness has not reappeared. The bright red, itchy, sore welts of another lady have just about disappeared. And a gent who has the shingles is experiencing relief from the pain. Generally there is an overwhelming trend to a better general state of health, with more energy and a greater sense of well-being.

All this happened in just the last four months. It remains for everyone to inspect the seed of knowledge and then to pass it on to others who may need it...