



AUSTRIAN CULTURAL SOCIETY **AUSTRIAN CLUB MELBOURNE**

NEWSLETTER

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...Frühling im Wienerwald - kommt und feiert fröhlich mit...



AUSTRIAN CLUB MELBOURNE

This Newsletter is the
official publication of the
Austrian Cultural Society -
Austrian Club Melbourne Inc.

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November 2009

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A.C.M. Objectives

A very brief & selective summary:

- To make known and promote Austrian culture in Australia with particular emphasis on Austrian fine arts, music and literature.
- To arrange performances of Austrian music in Australia.
- To maintain and develop the Austrian Cultural Centre as a place for providing cultural, social, recreational and sporting facilities from the joint funds of the Club
- To help enable children to participate in social, cultural and artistic activities.

PRESIDENT'S REPORT

English & German

Dear Members & Friends of the
Austrian Club Melbourne.

On the 4th October Chef Hans worked in our kitchen for the last time. Yet our Rotarians, the J.W Swing patrons and pre-planned birthday event guests were not disadvantaged on the following weekend of the 10th and 11th October, as we once again stood in, to serve up the traditional homely fare that is typical of the Austrian cuisine. Many thanks to Resi Schiesser for once again making herself available to help and for working diligently with me in the kitchen. Thank you also to Waseem and Muhtu for their input.

For the weekend of the 17th & 18th October we did have the assistance of a professional chef, Pedro Gisler. As Pedro was still orienting himself in our kitchen, he was in learning mode. You just do not go into a kitchen and know where everything is or how the people like their food.

On this eventful weekend the Silver Echoes played merrily and kept everybody on their toes. On Sunday it was Continental Trio's turn as they gave their debut performance. For their first public appearance, one can say they did really well. This Group is consistently trying to improve and in future we can undoubtedly expect great entertainment from them...

Herewith some sad news that we were given on this Saturday 17th October - Club member Fritz Mueller had passed

Liebe Klub Mitglieder und Freunde des
Österreichischen Klubs Melbourne.

Am 4. Oktober arbeitete Chef Hans zum letzten Mal in unserer Küche. Doch unsere Rotarians, die Gäste des J.W Swing Abends und unsere vorgeplanten Geburtstagsfeiern kamen am folgenden Wochenende des 10. & 11. Oktobers nicht zu kurz, da wir wieder einmal eingesprungen sind um alle mit der Hausmannskost der Österreichischen Küche zu versorgen. Vielen Dank an Resi Schiesser, die abermals zur Stelle war und fleißig mithalf. Vielen Dank auch an Waseem und Muhtu für ihren Arbeitsaufwand.

Am Wochenende des 17. & 18. Oktobers hatten wir die Assistenz eines Profis, Chef Pedro Gisler. Da Pedro sich in unserer Küche erst zurechtfinden mußte, war er noch in der Lernkurve. Man kann nicht erwarten daß jemand einfach in eine neue Küche geht und gleich weiß wo alles aufbewahrt wird, oder wie die Zubereitung des Essens den Leuten am besten schmeckt.

An diesem geschneisreichen Wochenende spielten die Silver Echoes am Samstag heiter auf und hielten somit jeden auf Zack. Am Sonntag war es dann für Continental Trio soweit und sie gaben ihr Debüt. Nimmt man in Betracht daß dies ihre erste öffentliche Aufführung war, kann man wirklich sagen daß alles ganz gut verlief. Beständig versucht die Gruppe sich zu bessern und in Zukunft werden wir wohl prima von ihnen

President's report continued on page 3

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away. Deepest sympathy is extended to his wife Lilli and family from all of us here at the Club.

A highlight of the month was undoubtedly the Oktoberfest Dance which, with Rene & David onstage and a performance by the Oberbayern Schuhplattler, promised to be a cracker night. Our Club was well attended and our guests were not disappointed, with a super atmosphere prevailing. Karl Wendt joyfully celebrated his meaningful 80th birthday with family and friends, whilst Laurie Nebauer had arranged a reunion group of 36 former work colleagues in the Strauss Stube. Thank you to Margaret Hirschauer and her son Alex who decorated the hall so wonderfully for the event. The party atmosphere continued, even on Sunday, with the sounds of the Silver Echoes.

Culturally something out of the ordinary for us here at the Austrian Club, but therefore all the more fun, was when we hosted the Deutsche Schule Melbourne's Annual Ball with the theme Halloween on Friday 30th October. There were eerie noises and haunting happenings and even though it was a much smaller group than expected, the organisers should congratulate themselves. Deutsche Schule Melbourne is a new school and they are endeavouring to provide an environment that entices new children to be enrolled for future years. The Austrian Club Melbourne is happy to support them and their students.

As mentioned in our previous Newsletter, the official Austrian National Day is celebrated on the 26th October. Where this event falls on a weekday we, here at the Club, commemorate the occasion on the weekend following the official celebration. This year that happens to have been on November 1st and we had the honour of the presence of His Excellency, Dr Johannes Porias, Austrian Ambassador to Australia; Dr Michael Wolf, Hon Austrian Consul General for Victoria; Mr Karl Hagen, Hon Vice Austrian Consul General for Victoria and several other dignitaries. The celebration commenced at 2:00pm sharp with an introductory speech by Mr Bruno Klepp, our MC. Ms Ingrid Heyn gave a lovely rendition of the Austrian National Anthem, sung together with the celebratory attendees. Ingrid, accompanied by the classical guitarist Jochen Schubert, performed to a dedicated audience. Stacey Clarke delighted everyone with classical ballet performances and I am very proud to say that Stacey is my granddaughter. The Silver Echoes, who had set the mood earlier in the afternoon,

unterhalten werden...

Hiermit noch eine traurige Nachricht die wir am Samstag den 17. Oktober erfuhren - das Versterben unseres Klubmitglieds Fritz Mueller. Herzliches Beileid an Frau Lilli und Familie von uns allen im Klub.

Ein Höhepunkt des Monats war wohl der Oktoberfest Tanz, der mit Rene & David auf der Bühne und einer Vorstellung der Oberbayern Schuhplattler viel versprach. Unser Klub war gut besucht und unsere Gäste waren auch nicht enttäuscht, denn die Atmosphäre war toll. Karl Wendt feierte seinen bedeutenden 80. Geburtstag fröhlich mit Familie und Freunden, während Laurie Nebauer in der Strauss Stube ein Treffen 36 ehemaliger Arbeitskollegen arrangiert hatte. Vielen Dank an Margaret Hirschauer und Sohn Alex, die die Halle für diesen Anlaß so wunderbar dekorierten. Auch am Sonntag ging, mit den Klängen der Silver Echoes, die lustige Stimmung weiter.

Zwar kulturell etwas außerordentlich, aber darum umsomehr Spaß, war der Jahresball der "Deutsche Schule Melbourne", bei dem der Österreichische Klub am Freitag den 30. Oktober Gastgeber war. Das Thema? Halloween. Es spukte und polterte und obwohl es eine viel kleinere Gruppe als vorgesehen war, gebührt den Veranstaltern Gratulation. Deutsche Schule Melbourne ist eine neue Schule die ihr Bestes tut ein Milieu zu bieten, daß Kinder anzieht und zugleich ihre Eltern anregt die Kinder in zukünftigen Jahren wieder anzumelden. Der Österreichische Klub Melbourne freut sich die Schule und dessen Kinder unterstützen zu können.

Wie schon im letzten Newsletter preisgegeben, ist der offizielle Feiertag des Österreichischen Nationaltags am 26. Oktober. Wir, hier im Klub, feiern ihn am folgenden Wochenende - was heuer am 1. November geschah. Dieses Jahr hatten wir die Ehre seine Excellenz, der Österreichische Botschafter für Australien, Herr Dr. Hannes Porias; sowie Ehren Österreichischer Konsul General für Victoria, Dr Michael Wolf; Ehren Österreichischer Vize Konsul General für Victoria, Herr Karl Hagen; und einige weitere Würdenträger zu begrüßen. Punkt 2 Uhr fing die Feier mit einer Anrede von unserem Zeremonienmeister Herr Bruno Klepp an. Frau Ingrid Heyn leitete den Saal mit ihrem wunderschönen Vortrag der Österreichischen Nationalhymne. Ingrid, vom klassischen Gitarristen Jochen Schubert begleitet, bot einem engagierten Publikum eine ausgezeichnete Leistung. Stacey Clarke entzückte jeden mit Vorführungen ihres klassischen Ballets und ich bin stolz darauf daß sie meine Enkelin ist. Die Silver Echoes, die die einleitende Gemütlichkeit inszenierten, schlossen diese schöne Feier mit geselliger, heimatlicher Musik ab.

President's report continued on page 4



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then closed the celebrations with companionable, traditional music.

Congratulations to everyone celebrating birthdays; and to those members who are not feeling all that great we wish you a speedy recovery.

A very hearty thankyou to our small band of loyal Voluntary Helpers and Committee Members who always help where and when required to get the tasks completed.

With friendly greetings,
Otto Griesmayr

New Volunteers would be very much appreciated.

Herzliche Glückwünsche an alle die Geburtstag feiern. Und an diejenigen Mitglieder, die sich nicht sehr wohl fühlen, wünschen wir eine baldige Genesung.

Ein sehr herzliches Dankeschön an unsere kleine Gruppe treuer Freiwilliger Helfer und Komiteemitglieder die immer helfen, wo und wann sie benötigt werden, um die nötigen Aufgaben zu bewältigen.

Mit freundlichen Grüßen,
Otto Griesmayr

Neue Freiwillige Helfer sehen wir mit Dank entgegen

CONGRATULATIONS MUTHU

Just a short note of congratulations to Muthu, one of our hardworking (and sometimes cheeky - lol) kitchen staff. This month Muthu completed two years of studies, to graduate with a Masters in ICT (Information Communication Technology) at Latrobe University. Our connection with Muthu is one of those strange coincidences that sometimes come about in life.

Muthu told us he would walk past our Clubhouse gates every morning and night, on the way to and from University, and always wondered what the Austrian Club Melbourne was all about. The sign on the gate said "Visitors Welcome". And so, one day, he dropped in and found out - just as we were seeking new kitchen personnel. Muthu fitted the bill and we were glad to have him on board. Muthu thank you for your diligent efforts in the kitchen and congratulations once again on your Graduation. Your family at home and your extended family here at the Austrian Club Melbourne are proud of you...




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IN THE SPOTLIGHT...

KARL & RESI SCHIESSER

When one thinks of the concepts of constancy, loyalty and calmness of manner, the couple Resi and Karl Schiesser spring automatically to mind. A couple who have been regular Voluntary Helpers at our Club for many years now and whose unwavering allegiance to the Austrian Club Melbourne began with the simple wish for convivial, nostalgic contact shared with like-minded friends.

Resi was born in Budapest, to a family whose life was thus enriched by three offspring. Unfortunately, their blissful family existence was not to be an enduring state and the three children became orphans at a very young age - even before they were old enough to remember their parents or each other. Subsequently taken in by different families, the three toddlers were duly separated and the contact to one-another broken off. The household in which Resi grew up was of German



extraction and thus, during the war, the family was expelled from Hungary to Austria. Linz became her new home.

It was in the environs of Linz that Karl first saw the light of day. Destiny, in its mysterious often unexplainable spectacular ways, was already plotting his future and that of Resi. Determined that the paths of these two young people should cross, it wasn't until years later (on a cheerful Kirtag festival in Linz) that Fate allowed the young man to see his sweetheart for the first time. Setting eyes upon this vivacious girl, it was love at first sight, yet Karl was too shy to approach Resi, to speak with her. And so, fate intervened. For the very next day - as Karl was on his way to work - this girl of his dreams got off the bus before his very eyes. Proving that life is often pre-destined, on a meaningful day just around the corner from the time they met, a passionate kiss sealed the deal that ensured Resi and Karl would spend their lives together.

Despite the resistance of Resi's foster parents who wanted to return with her to Hungary, despite the serious housing shortage and the poor working conditions, Resi and Karl steadfastly stood by their decision to marry soon. A couple of years later a bouncing baby boy came along. At this time, to attain an improved state of finances and a better standard of living for their young family, Resi and Karl decided to emigrate to Australia. Here in Melbourne both of them worked hard, and tirelessly, to turn their mutual dreams into reality. Tenacity was the defining feature for Karl, who worked his way up in his job, though it was not easy. For a period his health was overtaxed, and then irregular shift-work came at the expense of family time. Yet Karl saw the bigger picture and continued to work consistently, as is his nature, eventually reaching the position of supervisor. Resi was no less diligent. Helping out in the kitchen of a local Austrian restaurant, the more she worked and carried responsibility, the better she liked it.

Beständigkeit, Treue und Ruhe kommt in den Sinn, denkt man an das Ehepaar Resi und Karl Schiesser, die schon für viele Jahre regelmäßig Freiwillige Helfer für unseren Klub sind. Ihre Verbundenheit mit dem Österreichischen Klub Melbourne begann mit dem Wunsch nach geselligen, heimatlichen Umgang mit gleichgesinnten Freunden.

Resi wurde in Budapest geboren. Drei Kinder bereicherten das Leben dieser Familie. Doch leider war dieses Glück nicht von langer Gewähr. Die Kleinkinder wurden Waisen, noch bevor sie sich an einander oder an ihre Eltern erinnern konnten. Die drei Kleinen wurden in verschiedenen Familien untergebracht und die Verbindung zueinander abgebrochen. Resi wuchs bei einer deutschstämmigen Familie auf, die in den Kriegszeiten

aus Ungarn nach Österreich verwiesen wurde. Linz wurde ihre neue Heimat.

In der Nähe von Linz erblickte Karl das Licht der Welt. Die das Leben lenkende Macht bestimmte die Wege von Karl und Resi in ihrer so oft unerklärlichen, spektakulären Weise. Es war Bestimmung daß sich die zwei jungen Leute finden würden. Allerdings war es erst Jahre später (an einem frohen Kirtagsfest in Linz) daß Karl seine Resi zuerst sah und sich auf den ersten Blick in dieses lebensfrohe Mädchen verliebte, jedoch zu schüchtern war, sie an diesem Tag anzusprechen. Aber das Schicksal nahm trotzdem seinen Lauf. Am nächsten Morgen bewieß es daß das Leben oft vorprogrammiert ist, denn an diesem bedeutenden Tag steigt genau vor Karl's Augen das Mädchen seiner Träume aus dem Bus. Karl ließ sich die Chance nicht entgehen und nahm Kontakt auf. Ein stürmischer Kuss besiegelte wohl schon Tage später daß Resi und Karl ihr Leben zusammen verbringen wollten.

Trotz dem Widerstand der Zieheltern, die mit Resi wieder zurück nach Ungarn wollten, der Wohnungsnot und der schlechten Arbeitsbedingungen, blieben Resi und Karl standhaft bei ihrem Entschluß bald zu heiraten. Und als zwei Jahre später ein kleiner Junge die Familie vergrößerte, entschlossen sich Resi und Karl nach Australien auszuwandern um bessere Lebensbedingungen und finanziellen Aufschwung für ihre junge Familie zu erreichen. Beide arbeiteten schwer und unermüdlich um ihren gemeinsamen Lebenstraum zu verwirklichen. Ausdauer ist Karl's definierendes Merkmal, und obwohl es nicht leicht war, denn Zeit und Gesundheit wurden überbelastet, arbeitete sich Karl in Zeit stetig zur Position eines Aufsehers hoch. Resi war nicht minder fleißig. Sie half in der Küche eines Österreichischen Restaurants aus und jemehr sie arbeitete und Verantwortung bekam, desto besser gefiel es ihr.

IN THE SPOTLIGHT continued on page 6

Four children enriched Karl and Resi's marriage. And to a large degree it was Sonia, their little "late arrival," who brought her parents into the Club more often. For Sonia loved the dancing and her pretty dirndls, as well as her performances in the Childrens' Dance Group, friendship in the



Teenage Dance Group, learning to play Zither and of course the adulatory popularity of the appearances of the young Zither players, of whom she was one. Whilst Sonia diligently practised, Resi joined the newly founded Austrian Choir. And because Resi enjoyed singing so much, she was loyal to the

Austrian Choir until its dissolution last year. A keen dancer as well as an enthusiastic Choir member, Resi and her Karl also joined the Enzian Dance Group. Many hours of friendship, togetherness and enjoyment of dancing followed...



When, in 1984, the Heidelberg premises of the Austrian Club were built, the then President, Mr Bruno Hirschauer, nominated Karl to the Committee. And Karl, in his constancy, loyally fulfilled this duty for sixteen years. Resi did her part too - for the first six months after the opening of the new Clubhouse, she and Mitzi Schauer banded together to take on

the demands of the kitchen. Both women loved cooking and baking, enjoyed the responsibility and fulfilled requests with zest and enthusiasm. At a later point in time Karl and Resi busily worked the Bar, carrying out the many orders. Often both will smile cheerfully as they reminisce about some past moment.



Zitherspielen und die beliebten Auftritte der jungen Spieler. Während Sonia fleißig übte, schloß sich Resi dem neugegründeten Chor an. Und weil ihr das Singen so viel Freude macht, blieb sie dem Chor treu bis zur Auflösung im letzten Jahr. Resi und Karl traten der Enzian Tanzgruppe bei

und genossen viele Stunden der Freundschaft, Gemeinsamkeit und der Freude am Tanz.

Als 1984 der Österreichische Klub in Heidelberg gebaut wurde nominierte der damalige Präsident, Bruno Hirschauer, Karl ins Komitee. Und Karl blieb dieser Aufgabe für 16 Jahre beständig

treu. In den ersten 6 Monaten nach der Eröffnung des Klubs, schlossen sich Resi und Mitzi Schauer zusammen und übernahmen die Küche. Beide Frauen liebten das Kochen und Backen, genossen die Verantwortung und bestritten die Anforderungen mit Schwung und Begeisterung. Zu einem

späteren Zeitpunkt arbeiteten Karl und Resi emsig an der Bar und bewältigten die notwendigen Bestellungen für die Bar. Oft lächeln beide glücklich, wenn sie sich an Augenblicke zurückerinnern. Zum Beispiel: Für eine lange Zeit machte Resi köstliche Kuchen für

Take, for example, the cake baking dance practices. For a long time Resi made delicious cakes for the Club and she connected this task with the practice evening of the Enzian Dance Group. Before the dancing started the kitchen mixer did overtime, so that the cake could quickly be popped into the oven. At first break a delicious smell would waft through the hall demanding the cake be tested and then, when practice was over, it was ready to be enjoyed any time. So it was that Resi juggled her time effectively between baking and dancing. Things have not changed much since then. Karl and Resi are still the industrious and hard-working natured people they were back then and are part of the backbone of loyal Voluntary helpers who keep our Club running, helping out in the office, the kitchen, at the kitchen till, showing guests to their tables, and wherever else they are needed...

Karl sums up his and Resi's connection to the Club in this way: "The years in the Committee were lovely years. Many people worked together for one goal - the good of the Club. I still see it this way today. That's why Resi and I like to help. We feel good among our fellow countrymen and friends, who think the same and hold together." Following on Resi chimes in "Club happenings give you the feeling of being part of a family - and that fits for the extended 'Austrian Family' here at the Club." And Karl concludes that "for the benefit of this big family we should all loyally pull on the same string..." How true!

Thank you Karl and Resi for your unwavering dedication, consistency and commitment to our Club.

PS: A little connecting, closing note in connection to family. Resi first learned of her brother and sister after the war, but it was only in late life that she first met her siblings. Resi knows, and will tell you, that family connection is unspeakably lovely. Let us all take this truism to heart and endeavour to be there for our own families, but also for our extended Club family...

Without Prejudice

Look forward to next month's SPOTLIGHT

Without Prejudice

Freut Euch auf das SPOTLIGHT im nächsten Monat

den Klub und sie verband diese Aufgabe mit dem Übungsabend der Tanzgruppe. Vor dem Tanzen machte die Mixmaschine Überstunden, dann wurde der Kuchen schnell in den Ofen gesteckt, bei der ersten Tanzpause geprüft, sodann erfolgreich fertig gebacken um recht bald genossen zu werden. Somit jonglierte Resi ihre Zeit effektiv mit Tanzen und Backen. Es hat sich seitdem nicht viel geändert. Karl und Resi sind noch immer arbeitsam und fleißig, wie sie es eben von Natur aus sind, und somit sind sie wichtige Mitglieder der Gruppe treuer Freiwilliger Helfer, die unseren Klub aufrecht erhalten und die das arbeitsame Rückgrat für unseren Klub bilden. Ihre Leistungen umschließen Bürodienst, Küchenhilfe, Kassierer für die Küchenkasse, Gäste zum Sitzplatz führen, und so weiter - wo immer sie halt gebraucht werden...



Zum Abschluß sagt Karl "Die Jahre im Komitee waren schöne Jahre. Viele Leute arbeiten für eine gemeinsame Sache - den Klub. Ich sehe das heute noch so. Darum helfen Resi und ich gerne. Wir fühlen uns gut unter Landsleuten und Freunden die gleich denken und zusammenstehen." Verbindend sagt Resi "Klubgeschehen gibt Familiengefühl und daß passt auch für die große Österreichische Familie hier im Klub." Karl ergänzt "Zum Wohl

dieser großen Familie sollten wir alle treu an einem Strang ziehen..." Stimmt haargenau!

Vielen Dank Karl und Resi für eure andauernde Loyalität, Beständigkeit und Engagement für unserem Klub.

Damit verbunden eine kleine Schlußbemerkung in Beziehung auf Familie. Resi lernte erst nach dem Krieg im späten Leben ihre Geschwister kennen. Sie weiß das Familienbindung unsagbar schön ist. Laßt uns alle diese Binsenwahrheit zu Herzen nehmen und laßt uns bestreben für unsere eigene Familie, aber auch für unsere weitere Klubfamilie, da zu sein...

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NATIONAL DAY ADDRESS FROM THE PRESIDENT...



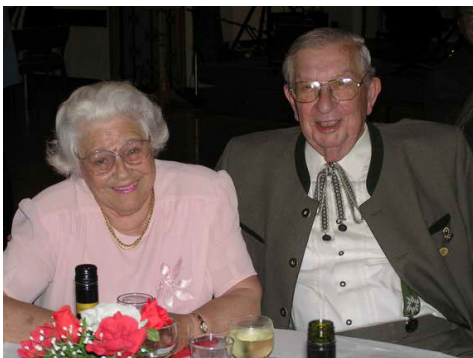
Guten Tag meine Damen und Herren,
Good afternoon ladies and gentlemen,

I wish to welcome you to the Austrian Club Melbourne to join with us in celebrating the Austrian National Day, which is held each year in Austria on the 26th October. Here in Melbourne we celebrate on the first Sunday after the 26th October, hence we are celebrating on the first of November.



A special welcome is extended to honorary guests:

- His Excellency H. E. Dr Hannes Porias, Austrian Ambassador to Australia. We are privileged that he is here today, as he is en route from Canberra to New Zealand.
- Dr Michael Wolff, Hon. Consul General for Victoria, and his wife Michel.
- Mrs Ida Zambelli, widow of past Hon. Consul General, the late Mr Otto Zambelli Sopalú.
- From the Victorian Consulate, Mr Karl Hagen, Hon. Vice Consul General and Mrs Margret Werner, Hon. Chancellor.
- Past Presidents of the Austrian Club Melbourne; Mr Ignatz Martinu and partner Lianne; Mr Bruno Rabensteiner and wife Margaret and Mr Walter Hauser and wife Hannelore. Mr Rolf Maedler and wife Liz sent us a letter of apology and wished us all the very best.
- President of the Austrian Club Geelong, Mr Gus Devatti and his wife Traudi
- Mr Hubert Schwartz, accompanied by the Austrian Club Vice President, Mrs Mira Schellander; Mr Hans Koller and his wife Trudi, and Mr Fred Fritz and his wife Ute
- An apology was recorded for Mr Martin Fergusson (MP for Batman).
- I should also mention that present today is also Mrs Katharina Schnabel, who recently retired as the Chancellor of the Melbourne Austrian Consulate and husband Dieter...



Let us raise our glasses for a toast to the President and people of Austria.

NATIONALFEIERTAG 2009

Nach dem Krieg hat Australien erkannt
"Der Österreicher wär' der ideale Emigrant".
Abenteuerlustig und abgebrannt
folgten wir den Ruf an den fernen Strand.

Das Land, das man fand, war imposant,
die Menschen freundlich und tolerant.
Es gibt tausend Geschichten wie man's empfand.
Ein Buch darüber wäre amüsant.

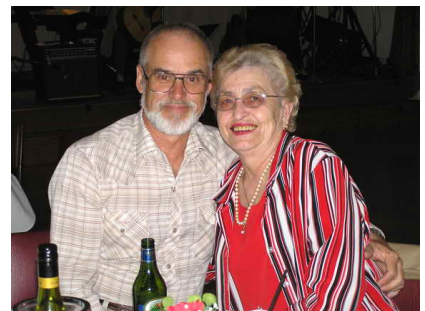
Vom Meer bis zum Uluru-Felsengigant,
von der Haifischangst bis zum jährlichen Buschbrand
hat einem die Fremde übermannt,
dazu kam die Sprache, die man nicht verstand.

Man krepelte die Ärmel, spuckte in die Hand
für den jugendlichen Eifer gab's keinen Widerstand.
Freundschaften, die gleiche Erlebnisse verband
sind bis auf den heutigen Tag geschätzt und konstant.

Viele Jahre sind seither verrannt
aber Österreich bleibt in unsere Seele gebrannt.
Das rot-weiß-rotes Band
knüpft uns für immer ans Heimatland.

Trotz langer Trennung fühlen wir uns damit verwandt
und bekennen uns heute als Gratulant
zur Heimat die nicht nur schön und interessant
sondern wie wir, viele Schwierigkeiten bestand
und freuen uns stolz daß mir Österreicher sand.

Poldy Klepp



A SPRING DETOX

Over winter it's all too easy to go into hibernation mode - choosing rich, comforting foods and the luxury of a warm dry lounge-room rather than seeking out raw foods and braving the elements to exercise as we should. And then there are the other added stresses - chemicals in our food, exhaust emissions, bacteria and viruses, metabolic residues, airborne pollutants, environmental toxins and so on - contaminants that our bodies have to deal with on a daily basis.

Spring, with its abundance of fresh fruit and vegetables, its warm sunny days and fresh air is the ideal time to detox. A chance to refresh and revive our bodies, to rid ourselves of the toxins we have accumulated over the winter months and to renew our vitality and energy - just as the plants in nature are renewing themselves, by breaking into new bud and leaf.

How do we detox? There is no single answer to this question. Detoxing is a regime to combat all the harmful toxins in our body, and there are just as many ways to put together an effective regime, as there are people who are choosing to do so. That's because whilst there are a multitude of beneficial practices to choose from, that can be incorporated to create our own personal regime, the best regime is one which is tailored to YOU.

It is also important to note here that detoxing can have powerful effects on the body. It creates changes that release toxins out of your organs and fat tissues and, until all the toxic waste is flushed out of our system, we might find that this can cause some unpleasant short-term side-effects. These can include: headaches, skin eruptions, bad breath and, on a more positive note, may also cause weight loss. The good news is that these side-effects are only temporary (if symptoms persist, consult your GP) and the end result will be a healthier and fitter person!

A good tip when planning your detox is to start it slowly, to minimise unpleasant side-effects. Try to include parts of the detox plan in your day-to-day routine (such as drinking hot water and lemon juice in the morning or drinking at least eight glasses of water per day) to begin with and build upon them. This way your body will not be swamped with a quick release of toxins, and you can be assured your detox experience will be a more pleasant one, albeit a little slower...

Here are some of the beneficial practices you might like to plan into your daily routine to create your own detox regime:

Optimum Food and Nutrition

Eating five or more portions of fruit and vegetables a day increases the likelihood that we ingest all the essential vitamins and minerals we need to boost the body's systems. Some of the best fruit and vegetables to eat during a detox include; apples, pears, grapes, oranges, grapefruits, lemons, melons, pineapples, blueberries, onions, carrots, cabbages, celery, tomatoes, broccoli, beetroot, cucumber, unrefined cold-pressed "good" oils (sunflower, rapeseed, extra-virgin olive-oil, flax), beans and pulses, grains, nuts and seeds. "Go organic" if you can.

Beneficial Liquids

Make sure you drink plenty of water to help flush out the toxins that make the liver work overtime. Herbal teas are a great alternative as they have the added bonus of calming your nerves, relaxing you or settling your stomach. Good herbs to

use include chamomile, lemon grass, lemon balm, nettle, rosehip, echinacea, raspberry, peppermint and apple. A little honey, a squeeze of lemon or lime, or a sprinkling of spices such as vanilla sugar or cinnamon can make these tasty teas simply delicious! And then of course there are the refreshing, revitalising powerhouse juices with their vast array of concentrated nutrients and antioxidants. Try various blends of the following juices; apple, melon, mint, pear, mango, pineapple, strawberry, grapefruit, orange, lemon, peach, papaya, grapes, carrot, ginger, beetroot, watercress, coriander, red cabbage, fennel, celery, spinach, lettuce, tomato...

Natural Supplements

To optimise our immune system, extra supplements can be beneficial. Vitamin C is one of the most well known ones. Other super natural supplements include; aloe vera, antioxidants, cat's claw, garlic, ginger, probiotics and selenium. Oh, and did we mention pure filtered water or mineral water to wash it all down? On this note, please be aware that "waters ain't waters" - there are significant differences. Little known facts: distilled water is not good (as it leeches all the essential minerals from the body) and natural spring water is only as clean and chemical-free as the spring it comes from (thus it may be little different to tap water). So choose your "natural supplements" and water with care...

Body and Soul treatments

There are some very helpful things we can do to assist the detox process. Most of them are luxurious treats, so why wouldn't you? Book yourself into a health spa for a special treatment. Take time out to meditate, have a "play-day" where you only do fun things, breathe deeply and get a good night's sleep. Choose from skin brushing and exfoliation, face and eye masks or simple water treatments such as; a mineral or salt-water bath (re-create this at home by using Epsom salts), a refreshing dip in the ocean, a Sitz Bad (alternate hot/cold water temperature), a sauna or steam bath or a delicious aromatherapy bubble bath (for relaxation try chamomile, lavender, sandalwood or patchouli, whilst rosemary, geranium and rose are stimulating and juniper is the most detoxifying). Please note that people with heart disease, eczema, or high blood pressure should exercise care or avoid these "simple" water-treatment baths as they can have marked effects on the body.

Exercise

Exercise does not necessarily mean spending hours at a time in the gym. Simple exercises, in moderation, are just as effective and can be incorporated into our daily routine very easily - think of walking up and down stairs, vacuuming or gardening and spring cleaning. Even long shopping trips where you do a lot of walking can help raise our heart-beat, and that's even before we've found that "must-have" bargain! Regular walking, stretching and swimming are other low impact exercises that help to tone and warm up those muscles. Yoga, t'ai chi, pilates and dancing are other wonderful ways to keep fit. So book yourself in at the local sports centre or, even better, come along to the Austrian Club and get up on that dance floor...

Alternative Therapy

Acupressure, reiki and reflexology all work on the theory of stimulating pressure points (or meridians) of the body, freeing

A SPRING DETOX continued on page 11

the body's flow of energy and thus re-aligning and healing the chakras. And a body whose chakras are aligned and whose energy flows freely, will be able to destroy the blocks that keep toxins in our body. By assisting elimination, these alternative therapies help create a state of optimal health. Interestingly, whilst a little different in that it acts all over the body and not just on the pressure points, massage has a similarly therapeutic effect on the body. It too aids the circulatory and lymphatic systems, both of which are essential in the detox process, to do their job of transporting toxins back to the kidneys where they can be excreted from our systems. The benefits of massage are enhanced even further when complementary essential oils are used during the massage. Juniper, lemon, rosemary, tea-tree and lavender are most generally associated with a detox massage but, as essential oils are very concentrated and potent, there are times when they should not be used - check with a qualified aromatherapist if in doubt. Been given the all-clear? Enjoy the "healing power of touch".

Last but not least, remember that the best detox is one which puts a spring in your step and makes you feel great at the end. So listen to your body and learn what it needs to refresh itself. And perhaps one of the best ways to refresh yourself is to take time out - to relax and enjoy life. Every moment of it. So visit those friends you haven't seen for a while. Have a picnic in the sun. Or come and enjoy a fun family day out at the Spring Festival at our Club. See you there...

Sudoku

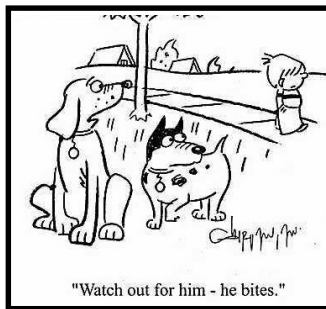
3	1	2		9	5		7	6
5		9	1		7		8	2
4		7	2	6	3	5		
9			7			2	4	
	2	8		1			9	3
	3		9	8	2		5	7
	4	5	6				3	1
1	7		3	5	8	9		4
8		3	4	2		7		5

QUICK QUESTIONNAIRE ARE YOU IN NEED OF A DETOX?

As a general rule, if you answer "Yes" to less than four questions then you probably don't need to detox. Between five to ten, then your body would benefit greatly from a detox. Should you say "Yes" to more than ten, then you could be putting your body under enormous stress and this detox is strongly recommended, however always check with your doctor before making any major diet or exercise changes...

- Do you have dark circles under your eyes
- Do you suffer from headaches or migraines
- Is your skin spotty or dull and grey
- Do you suffer from skin rashes or eczema
- Is your hair dull
- Do you suffer from joint or muscle aches and pains
- Do you suffer from sinus problems, catarrh or a stuffy nose
- Do you often have a bitter taste in your mouth
- Do you sweat a lot
- Do you suffer from stress
- Do you suffer from irritable bowel syndrome
- Do you suffer from flatulence
- Do you suffer from bloating
- Are you constantly tired
- Do you have difficulty maintaining concentration
- Do you have problems sleeping
- Do you suffer from mood swings, anxiety or depression
- Do you have cellulite
- Do you sometimes suffer from ear infections, earache or ringing in the ears
- Do you ever wake up in the morning still feeling tired and drowsy
- Do you lack energy
- Is your memory poor
- Do you have constant colds, infections and a poor level of general health

These are just some of the effects that pollutants have on our bodies. The majority of us would dismiss these symptoms and carry on suffering using stimulants such as caffeine and nicotine to get us through the day. How can we deal with these pollutants when we are bombarded with them daily? The answer is really quite simple: an effective cleansing of our bodies, in other words detox!



HEROIC FAILURES

The Least Successful Police Dog

America has a very strong candidate in "La Dur", a fearsome looking schnauzer hound, who was retired from the Orlando police force in Florida in 1978. He consistently refused to do anything which might ruffle or offend the criminal classes. His handling officer, Rick Grim, had to admit: "He just won't go up and bite them. I got sick and tired of doing that dog's work for him."

QUOTABLE QUOTES
A clean house is the sign of a wasted life!
Anon 2222

KLEINE REISE DURCH ÖSTERREICH

Das Mühlviertel

Die Welt wird wirklich kleiner. Oder möglicherweise ist der Zufall heutzutage größer als in ehemaliger Zeit? Denn Karl Schiesser erzählte uns neulich von einem interessanten Zufall, den er in seinem Dienst im Büro des Österreichischen Klub Melbournes erlebte...

Und zwar besuchte eine Künstlerin unseren Klub und erklärte Karl sie habe soeben eine Mühle in Österreich gekauft, die sie als Studio einrichten würde. Inzwischen wissen wir daß es in Europa zig Mühlen gab, besonders im Mittelalter, da die Mühlen wichtige Elemente des täglichen Lebens und der Wirtschaft waren. Diese Mühlen haben Getreide gemahlen, von dem Mehl und Esswaren bereitet worden sind. Sie haben auch durch riesige wasserbetriebene Räder die notwendige Pferdestärke erzeugt, um Sägewerke zu betätigen und um mit Schleifsteinen notwendige Schleifarbeiten machen zu können. Sogar die Stromversorgung für die Stadtbeleuchtung wurde damals von Mühlen erwogen. Aber ausgerechnet die Steinmühle, die am Fluß Gusen im Mühlviertel in der Nähe von Linz ihren Standort hat, war der neue Wohnplatz der Künstlerin geworden. Stellt euch vor, gerade in dieser Gegend ist Karl aufgewachsen und er kannte die Mühle sehr wohl. Was für ein Zufall!

The Mühlviertel

The province of Upper Austria extends from the Dachstein massif to the Bohemian Forest (Böhmerwald) and from the Inn to the Enns, bounded on the west by the Federal Republic of Germany (Bavaria), on the north by the Czech Republic (Bohemia), on the east by Lower Austria, on the south by Styria and on the southwest by Salzburg province. Until the 19th century Upper Austria was known as

the Land ob der Enns ("Province on the Enns"); it is traditionally divided into the Mühlviertel, the Innviertel, the Hausruck- and Traun region, the Danube valley, the Apline foreland zone and the mountain region.

Upper Austria is drained by the Danube and its tributaries, the Inn, the Traun and the Enns on the south and the Mühl, the Rodl, the Gusen, the Aist and the Naarn on the north. In the Salzkammergut are a number of large lakes, including the Attersee, the Traunsee, the Wolfgangsee, the Mondsee and the Hallstätter See and many smaller ones, as well as a number of moorland lakes in the upper Innviertel.

The Mühlviertel in Upper Austria, to the north and northwest of Linz between the Danube and the Czech frontier, is a rolling wooded plateau rising from the Danube to the Bohemian Forest, deeply slashed by the valleys of the Grosse and Kleine Mühl. To the west it merges into the foothills of the Bavarian Forest, to the east into the Waldviertel. The highest point is the Sternberg (1,125m/3,691ft), while the average altitude of the settlements is between 500 and 600m/1,640 and 1,970ft. This region of mainly agricultural land and forest contributes little to the national economy, and the total absence of any major industry has led to a rural exodus, mainly to Linz. For holiday visitors looking for quiet and relaxation, however, the Mühlviertel offers excellent walking country and reasonably priced accommodation. Woodland alternates with pasture and arable land, here and there on higher ground can be seen a castle or the ruins of one, and a whole range of quiet little market towns and villages make the picture complete. And, as Karl Schiesser will tell you, this little region of Austria has some fascinating history to share. Just ask him about the mills from back home, where he grew up...

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Mühlviertel Austria

WORDS OF WISDOM

"More or Less"

Alex F McCauley

*A little more kindness
A little less greed
A little more smile
And a little less frown
A little less kicking
When a man is down
A little more we
And a little less I
A little more laugh
A little less cry
A little more flowers
On the pathway of life
And fewer on graves
At the end of the strife*

CAMEMBERT CHICKEN WITH BASIL PESTO RICE

Super delicious and super fast to prepare...

Ingredients:

- 1 cup Rice
- 2 cups Chicken stock
- skinless chicken breasts
- olive oil
- 1/3 cup Milk
- 1 whole (very ripe) Camembert cheese
- Arrowroot or Cornflour (optional)
- 1 tub Basil pesto dip (Wattle Valley is a good brand)



- Cut the camembert into small pieces (this makes it easier to melt in the next step).
- Add the milk to the pan and, when hot, add the small pieces of camembert.
- Stir the chicken camembert mixture until all the cheese has properly melted and the sauce is smooth.
- Reduce heat and allow to gently simmer for five minutes.
- Depending on how liquid the camembert cheese sauce is, you may need to dissolve a little arrowroot or cornflour in cold milk and add to the camembert sauce, stirring until the sauce has thickened. It should be the consistency of thick pouring cream.

- Mix rice with chicken stock and cook till the rice is just done.

In the meantime

- Wash the chicken breasts, then cut into 2cm cubes.
- Fry the chicken cubes over high heat until they are just cooked through. You want them to be soft and juicy, not hard and dry. (For this recipe the chicken cubes do not need to be coloured or crunchy.)

To finish

- Fluff rice, then stir through the Basil Pesto dip until evenly mixed.
- Serve the creamy camembert chicken on a bed of basil pesto rice and ladle over some of the delicious sauce.

TIP: Instead of chicken stock you can use hot water with 1 crumbled chicken stock cube dissolved in it.



How come when you mix water and flour together you get glue?



ZUM SCHMUNZELN

And then you add eggs and sugar - and you get cake?

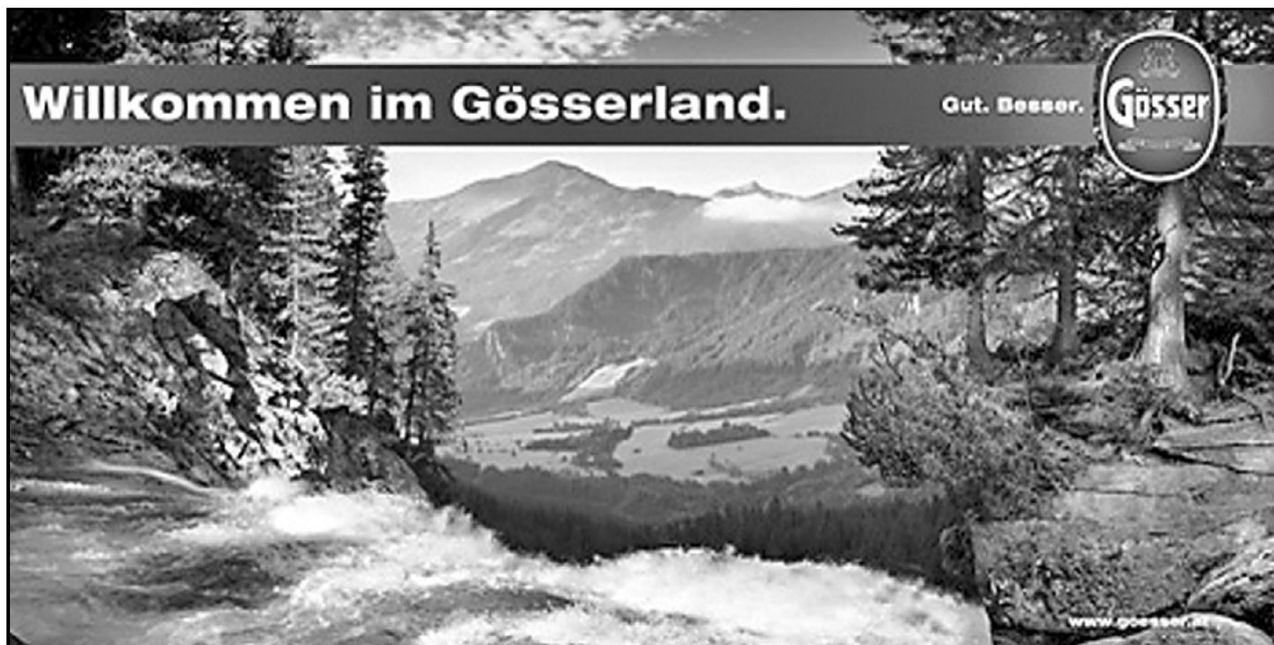


You know darned well where it went! That's what makes the cake stick to your bottom...



Where did the glue go? NEED AN ANSWER?

We all need a good laugh, keep on smiling...



Austria's best beer !

Brought to you by Beach Avenue Wholesalers

ENTERTAINMENT REPORT

October Retrospective:

The highlights of October included the J.W. Swing night and the Oktoberfest Dance.

Forward Review:

- Here are some important dates to pencil into your diaries:
- Spring Festival - Sunday 8th November
- Please refer to our Program on the back page for other functions in November and December
- NEW YEAR 2009 - 2010 will be celebrated with the band "Continental Trio"
Charges have increased this year.
Members - \$30, Guests - \$50.
Payment will be required first weekend in December 2009.

Book early to ensure you don't miss out.

GENERAL INFORMATION

Office Hours

10:00am – 3:00pm	Wednesday to Friday
5:00pm – 8:00pm	Saturday
11:00am – 6:00pm	Sunday

Bistro Open - Lunch / Dinner

11:30am – 2:00pm	Thursday & Friday (Lunch)
6:30pm – 9:30pm	Saturday (Dinner)
11:30am – 5:00pm	Sunday (Lunch & early Dinner)

Saturdays at the Club:

Saturdays at the Club are our most flexible function nights and offer everything from a party atmosphere to a gala ball, or that quiet night out for a lovely dinner. In fact, Saturday is the only day of the week that the Club offers a full Evening Dinner session, served from 6:30pm 9:30pm. For entertainment CD background music is played from 6:30pm, with the live band kicking off at 7:30pm and playing through until midnight or, for special occasions, occasionally till 1:00am. Due to the large variety of functions held on Saturday nights, it is advisable to make enquiries beforehand and secure a reservation. Table reservations made for the Main Hall for Saturday night will under no circumstances remain reserved after 7:30pm. If for

some reason you are delayed, please telephone the Club on 9459-8686. Members are admitted free upon showing their valid Membership Card, for Guests there is a \$5 cover charge. Children 16 years and under will be admitted free of charge. Please refer to the Entertainment Program on the back page of this Newsletter, and to our website, for specific details.

Sundays at the Club:

Sundays at the Club offer a great afternoon for the whole family, with live musicians providing entertainment for your enjoyment. The Club and its facilities are open from 11:30am, with entertainment commencing at 1:00pm. Members are admitted free upon showing their valid Membership Card, for Guests there is a \$5 cover charge. Children 16 years and under will be admitted free of charge. Please refer to the Entertainment Program on the back page of this Newsletter, and to our website, for specific details. On Sunday afternoon table reservations will only be acknowledged until 1:00pm.

Planning a party?

Admission fees will vary for Non-member guests who wish to plan a party with more than 10 persons, served meals, coffee and cake, etc. For more information speak with Beverly Griesmayr or the Committee Member on Duty.

Admission fee discounts may apply for Non-member guests when planning a party with more than 10 persons and where the persons in this party will all enjoy meals, coffee and cake etc. For more information speak with Beverly Griesmayr, or the Committee Member on Duty.

Enquiries & Bookings

Why not visit the Club and experience Austrian "Gemütlichkeit".

For all Enquiries & Bookings:

Telephone 9459-8686 during the above office hours

Or find out more information and details about future entertainment on our web site:

www.austrianclubmelbourne.com.au

Entertainment Co-ordinators
Otto & Beverly Griesmayr



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NEWS & NOTICES

DO YOU KNOW WHAT'S ON IN YOUR CLUB?

Alive with a whole host of regular Club Activities, the Austrian Club's always buzzing. Want to be part of it? It's easy. Just turn up and say "Hello". We're always keen for our members to join in with the numerous things to see, do and be part of. So why not join the ranks and have some fun...

Day / Activity	Time	Location
Monday		
Table Tennis	7.00pm - weekly	Sports Pavilion
Wednesday		
Ladies Group - hand craft & folk art work	10.00am - meet fortnightly on the 1st and 3rd Wednesday of the month	Mozart Stube
Ice Stock Sport (Group 1) - also known as "Eisstock"	2.30pm - weekly	Stock Bahn - Bitumen lanes in front of the Sports Pavilion
Rotary Club of Rosanna - Dinner & Meeting	6.00pm - weekly	Strauss Stube
Ice Stock Sport (Group 2) - also known as "Eisstock"	7.30pm - weekly	Stock Bahn - Bitumen lanes in front of the Sports Pavilion
Thursday		
Deer Hunters	7.00pm (Dinner from 5.30pm)	Main Hall - Dinner & Meeting - meet every two months on the 2nd Thursday of the month
Friday		
Canasta (Contact Ellen: 9471-4617)	10.00am - fortnightly	Strauss Stube
Sunday		
Ice Stock practice - also known as "Eisstock"	1.30pm - weekly	Stock Bahn - Bitumen lanes in front of the Sports Pavilion

TWITTER TWITTER, TWEET TWEET...



Spring is in the air, blossom and leaf are bursting into bud and bloom and the sweet sound of birdsong fills the air. One particular little bluebird has been twittering and tweeting especially loudly, making everybody sit up and listen as he takes the world by storm. That little bluebird is the social media site Twitter, which has been known to log up to 7 million hits a month, now has a new Twitterer US!

With the perhaps not very original, but therefore all the more memorable user name "AustrianClub" we are joining the social networking media revolution. (Quick fact - did you know studies have shown social media sites to be even more popular now than email?) Getting connected has been fun, and we look forward to sharing tweets about what happens in our little world with the rest of the world. So if a little birdie tells you he heard it from the Austrian Club, you can be sure you know where it came from. Why not get Twittering yourself and come and tweet with us.

To register, simply visit www.Twitter.com and follow the simple sign up instructions. Then visit our page - to do this simply type

<http://twitter.com/austrianclub>

into the browser bar and press the "enter" key on your keyboard - when you see our lovely red and white flag with the Austrian Club Melbourne logo in the top left hand corner of the screen, you know you've found us. Now all you have to do is click on the "Follow" button below our avatar (picture) and our tweets (announcements) will appear on your Twitter home page, for you to read easily. We look forward to connecting with you...



ADMISSION CHARGES - REGULAR SATURDAY EVENINGS

Commencing January 2010, an entry charge of \$5 applies for non-members attending Saturday Night Functions marked as 'Standard Entry'. There will be no charge for Members (remember to bring your Membership Cards). Special function prices apply as usual.

NACHRUF - VALE



It is with regret that we advise the death of Mr. Fritz Mueller, who passed away Saturday, 17th October 2009. We send a message of condolence to his wife, Mrs. Lilli Mueller.

KLUB REGELN - CLUB RULES

Please note:

Food and drinks are not allowed to be brought onto the premises.

Bitte beachten Sie:

Speisen und Getränke können nicht mit in den Klub gebracht werden.

CREDIT CARD SURCHARGE

Purchases made with credit cards attract a surcharge of 3%, with the exception of Diners Cards which attract a surcharge of 4.5%. This information is displayed in several places within the Club. It is also displayed on the menu.

Beverly Griesmayr
Hon. Secretary

LATEST FROM THE LADIES GROUP...

The Ladies Group welcome all visitors to their Spring Festival Stall. Lots of dirndls for women and children, many handcrafts, books and records for sale. Also a lucky dip for children.

TABLE TENNIS ANYONE?

The Table Tennis Group welcomes any players to our games on Monday nights from 7pm to 9pm. All standards welcome for fun games.

Margaret Hirschauer

QUOTABLE QUOTES

You are as young as your faith, as old as your fear and, as long as your heart receives messages of beauty, cheer, courage, grandeur, and power (from the earth, from man and from the Infinite) - so long will you stay ageless...

AUSTRIAN CLUB MELBOURNE

Opening Hours: Saturdays from **6.30pm - 12 midnight**, and on Sundays from **11.30am - 6pm**

Bookings: Telephone: 9459 8686

Facsimile: 9457 1221

Address: 76-90 Sheehan Road, Heidelberg West 3081

Web: www.austrianclubmelbourne.com.au

Email: ausclub@bigpond.net.au

November 2009

Saturday 7th Marianne & Mimmo *****Free Admission***
Music & Dance**
Sunday 8th Spring Festival
with Silver Echoes & Rene & David
Details TBA
Entry Cost: \$2
Children under 12: Free

Saturday 14th Continental Trio *****Free Admission***
Music & Dance**
Sunday 15th Melodia ***** Standard Entry ***
Music & Dance**

Saturday 21st Silver Echoes *****Free Admission***
Music & Dance**
Sunday 22nd Christmas Market *****Free Admission***
Music & Dance**
with Heinz

Saturday 28th Michael's Melodies *****Free Admission***
Music & Dance**
Sunday 29th Concert of Robert Stolz Society
Lunch available from 11:30am
Concert starts at 2pm
Book through R.S Society - Tel: 9457 6449

December 2009

Saturday 5th St Nicholas and Krampus Fun
with Rene **Music & Dance**
Admission Cost: Adults \$5
Children Free

Sunday 6th St Nicholas and Krampus Fun
with Silver Echoes **Music & Dance**
Admission Cost: Adults \$5
Children Free

Saturday 12th Continental Trio *****Free Admission***
Music & Dance**
Sunday 13th Rene ***** Standard Entry ***
Music & Dance**

Saturday 19th Silver Echoes *****Free Admission***
Music & Dance**
Sunday 20th Christmas Celebration
with Silver Echoes **Music & Dance**
(12 - 2:00 pm. & 3:00 to 5:00 p.m.)
Celebration: 2:00 p.m. - 3:00 p.m.
Admission Cost: Members Free
Guests \$5

Thursday 31st New Year's Eve
with Continental Trio **Music & Dance**
(To assist with catering please advise if reservation
is being made for evening dinner & time of arrival).
Payments due 5th December 2009
Admission Cost: Members \$30
Guests \$50
Early bookings essential!!!

November 2009

Samstag 7. Marianne & Mimmo *****Eintritt frei***
Musik & Tanz**
Sonntag 8. Frühlingsfest
mit Silver Echoes & Rene & David
Details: TBA
Eintritt: \$2
Kinder unter 12: Frei

Samstag 14. Continental Trio *****Eintritt frei***
Musik & Tanz**
Sonntag 15. Melodia **** Standard Eintritt**
Musik & Tanz**

Samstag 21. Silver Echoes *****Eintritt frei***
Musik & Tanz**
Sonntag 22. Christkindl Markt *****Eintritt frei***
Musik & Tanz**
mit Heinz

Samstag 28. Michael's Melodies *****Eintritt frei***
Musik & Tanz**
Sonntag 29. Konzert der Robert Stolz Society
Mittagessen ab 11:30 Uhr.
Konzert beginnt um 14:00 Uhr.
Buchungen R.S Society - Tel: 9457 6449

December 2009

Samstag 5. St Nikolaus und Krampus Gaudi
mit Rene **Musik & Tanz**
Eintritt: Adults \$5
Kinder Frei

Sonntag 6. St Nikolaus und Krampus Gaudi
mit Silver Echoes **Musik & Tanz**
Eintritt: Adults \$5
Kinder Frei

Samstag 12. Continental Trio *****Eintritt frei***
Musik & Tanz**
Sonntag 13. Rene ***** Standard Eintritt ***
Musik & Tanz**

Samstag 19. Silver Echoes *****Eintritt frei***
Musik & Tanz**
Sonntag 20. Weihnachtsfeier
mit Silver Echoes **Musik & Tanz**
(12 - 14 Uhr & 15 bis 17 Uhr)
Feier: 14 bis 15 Uhr
Eintritt: Mitglieder Frei
Gäste \$5

Donnerstag 31. Silvester Abend
mit Continental Trio **Musik & Tanz**
(To assist with catering please advise if reservation
is being made for evening dinner & time of arrival).
Bitte bis zum 5. December 2009 bezahlen
Eintritt: Mitglieder \$30
Gäste \$50
Anmeldungen sind notwendig

From JANUARY 2010, an entry charge of \$5 applies for non-members on Saturday and Sundays.
There will be no charge for members (remember to bring membership cards). Special function prices apply

To view Newsletter in colour and full detail (incl. old editions)

Go to: http://www.austrianclubmelbourne.com.au/Austrian_Club_Melbourne/ACM_Newsletters/